



Tibetan Buddhist Monks of Gaden Shartse Thubten Dhargye Ling

Sierra Friends of Tibet in is pleased to announce the 12th annual visit of Tibetan Buddhist Monks from Gaden Shartse Monastery exiled in south India.

This year the tour includes a highly accomplished spiritual master from Tibet, Venerable Geshe Phuntsok Gyaltsen. Geshe Gyaltsen was born in Dekhung, Tibet in 1937. At age 11 he was ordained as a monk in Tibet's oldest Gelugpa monastery, Gaden Shartse. In 1959, Geshela escaped to India following China's invasion of Tibet. Continuing his studies in the re-established Gaden Shartse Monastery in exile in India, Geshe Gyaltsen received a Geshe Lharampa degree, the highest degree with highest honors in 1985.

Sunday, January 15, 2012 3:00 pm:

Vajravidharan Group Healing Empowerment

Monday, January 16, 2012:

10:00 am: Monks begin the construction of the Sand Painting.

7:00 pm: Dharma Teaching: The Six Perfections from the Lam Rim: Generosity

Tuesday, January 17, 2012 7:00 pm:

Dharma Teaching: The Six Perfections from the Lam Rim: Ethics

Wednesday January 18, 2012 7:00 pm:

Dharma Teaching: The Six Perfections from the Lam Rim: Patience

Thursday, January 19, 2012 7:00 pm:

Dharma Teaching: The Six Perfections from the Lam Rim: Enthusiastic Perseverance

Friday, January 20, 2012 7:00 pm:

Vajravidarin Group Healing Empowerment **Auburn***

AHmbiance (in the Gold Country Mall) 884 Lincoln Way, Auburn (916) 834-8299

Saturday, January 21, 2012

10:00 am: Final Dharma Teaching:

Six Perfections from the Lam Rim: Concentration and Wisdom

2:00 pm: Sacred Art Talk: The care and placement of sacred images, statues, paintings, books, etc. Please bring your sacred images to be blessed.

7:00 pm: Chenrezig Blessing and Explanation of Chenrezig Sand Painting

Sunday, January 22 3:00 pm:

Chenrezig Sand Painting Dissolution

Ceremony. Sand painting will be swept up and sand will be distributed.

JANUARY 16 - 21, 2012

**Sand Painting Viewing
Daily 10am - 6pm**



Unless otherwise noted* All events take place at

**St. Joseph's Cultural Center
410 South Church St.,**

(Corner of Chapel St., in historic downtown Grass Valley)

For **INFO** And To Schedule Personal Appointments
Call Joseph Guida (530)272-4725



www.sierrafriendsoftibet.org